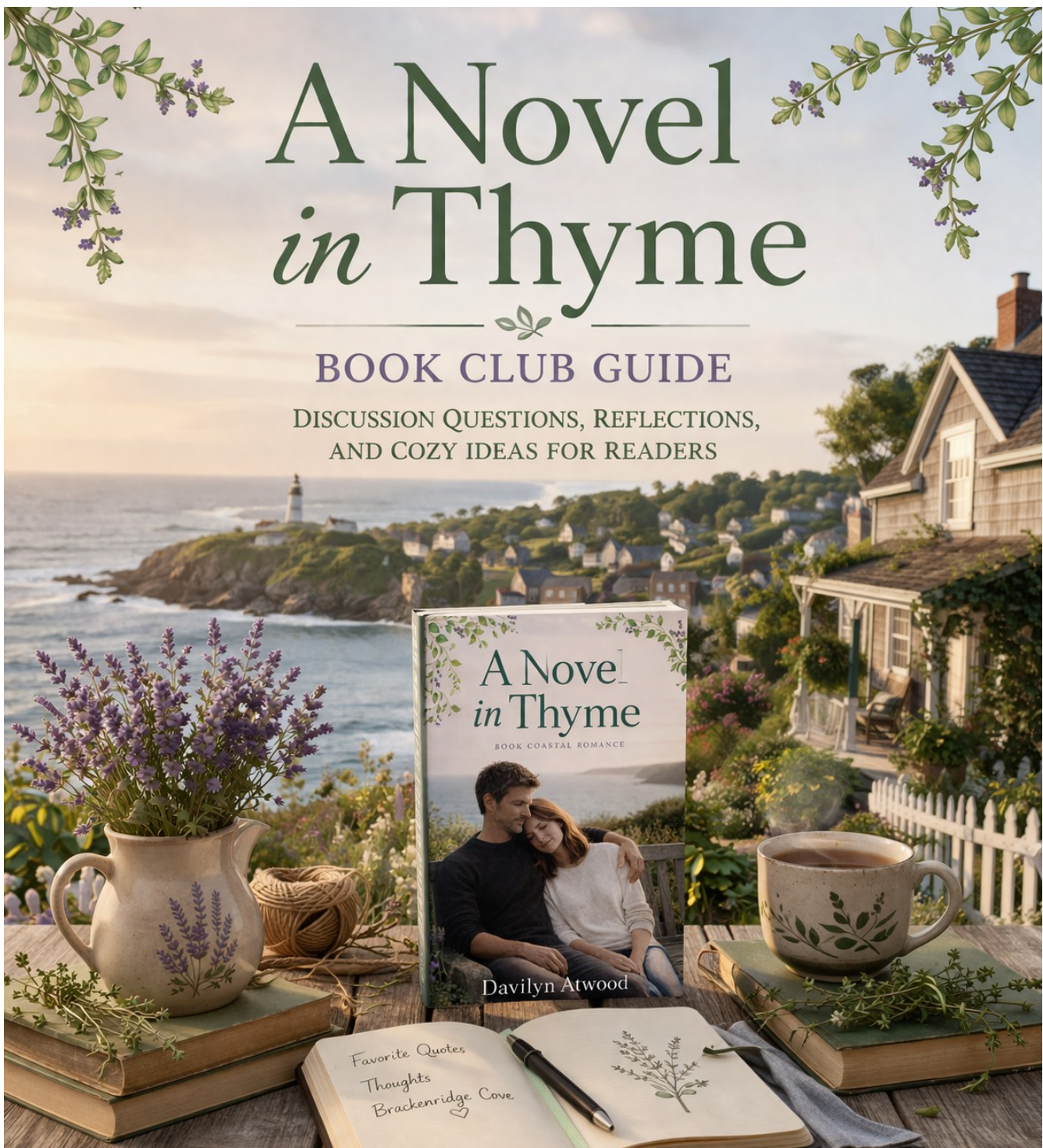


A Novel *in* Thyme

BOOK CLUB GUIDE

DISCUSSION QUESTIONS, REFLECTIONS,
AND COZY IDEAS FOR READERS



A Novel in Thyme

Book Club Guide

A Cozy Discussion & Reflection Companion

By Davilyn Atwood | The Apothecary Press

Welcome to **Brackenridge Cove**, where quiet love grows slowly, and meaningful conversations unfold naturally.

This Book Club Guide is designed to help readers reflect, discuss, and connect more deeply with *A Novel in Thyme*.

Perfect for:

- Book Clubs
- Cozy Reading Groups
- Personal Reflection
- Women's Fiction Readers
- Slow Living Discussions

About the Book

A Novel in Thyme is a cozy coastal romance about:

- Quiet love
- Starting over
- Finding home
- Slow living
- Emotional growth
- Choosing a life you didn't plan

Discussion Questions

Part 1: Beginning: Arriving in Brackenridge Cove

1. What first draws Penelope to Brackenridge Cove?
2. Have you ever needed to step away from your life to rediscover yourself?
3. How does the setting influence Penelope's emotional state?
4. What are your first impressions of Oliver?
5. What makes Oliver different from typical romantic heroes?

Part 2: The Growing Connection

6. How does Oliver show care without words?
7. What role does the garden play in their relationship?
8. How does Penelope begin to change after arriving?
9. What small moments stood out most to you?
10. How does slow romance compare to dramatic romance?

Part 3: The Conflict

11. How did you feel when Penelope received the offer to return?
12. What would you have done in her situation?
13. How does Oliver handle uncertainty and vulnerability?
14. What makes their love feel realistic?
15. How does quiet love differ from dramatic love?

Part 4: The Separation

16. How did the city scenes contrast with Brackenridge Cove?
17. What emotions did you feel during their time apart?
18. How did Oliver's quiet waiting affect you as a reader?
19. What moments showed Penelope's clarity growing?

Part 5: The Return

20. How did you feel when Penelope returned?
21. What made the reunion meaningful?
22. Why was her choice powerful?
23. What does "I choose you" represent in the story?

Final Reflection

24. What does *A Novel in Thyme* say about love?
25. What does the story suggest about life choices?
26. What part of the book stayed with you the most?
27. How did the slow pace affect your reading experience?
28. What would you hope to see next in Brackenridge Cove?

Character Discussion

Penelope Grant

Discuss:

- Her emotional growth
- Her fears about writing
- Her shift in understanding love
- Her final decision

Questions:

- When did Penelope begin to change?
- What moment showed her deepest growth?

Oliver Bennett

Discuss:

- His quiet nature
- His love language
- His hesitation to trust
- His emotional opening

Questions:

- What moment showed Oliver's vulnerability?
- What makes Oliver a unique romantic hero?

Themes to Discuss

Quiet Love

Slow Living

Emotional Growth

Second Chances

Finding Home

Choosing Your Life

Discussion Prompt:

Which theme resonated most with you?

Favorite Quote Discussion

Readers may choose favorite lines such as:

"It wasn't the story she planned to write. But it was the one she chose to live."

Discussion Questions:

- What does this line mean to you?
- How does it reflect the entire story?

Cozy Reflection Prompts

For Personal Journaling or Group Sharing

- What does "home" mean to you?
- When have you chosen a different path than expected?
- What small moments bring you peace?
- What would your version of Brackenridge Cove look like?

Cozy Book Club Ideas

To Create a Brackenridge Cove Atmosphere:

Serve:

- Herbal tea
- Simple baked goods
- Light cottage lunch

Decor Ideas:

- Lavender
- Candles
- Cozy blankets
- Soft music

Optional:

- Outdoor meeting
- Garden gathering

Cozy Food & Drink Suggestions

Inspired by Brackenridge Cove:

Chamomile Tea

Lavender Lemon Cake

Herb Bread

Soup & Bread Lunch

Rosemary Lemon Tea

A Quiet Group Activity

Ask Each Reader:

If you could choose your best future, what would it look like?

(Just like Penelope and Oliver)

For Readers Who Loved This Book

Explore more from:

The Apothecary Press

Stand Alone Stories

The Apothecary's Atlas Series

Closing Reflection

A Novel in Thyme reminds us:

Love doesn't always arrive loudly.

Sometimes it grows quietly.

Slowly.

Steadily.

And sometimes...

The life you didn't plan becomes the one you choose to live.