

# COZY RECIPES *from* BRACKENRIDGE COVE

COMFORTING MEALS, HERBAL TEAS,  
AND COASTAL TREATS INSPIRED BY THE STORY

RECIPES  
MADE WITH  
LOVE AND  
SIMPLE  
INGREDIENTS

COZY RECIPES *from* BRACKENRIDGE COVE

THE APOTHECARY PRESS



INSPIRED BY A NOVEL IN THYME

# Cozy Recipes from Brackenridge Cove

## Inspired by *A Novel in Thyme*

From The Apothecary Press

In Brackenridge Cove, food is simple, warm, and meant to be shared. These cozy recipes reflect the gentle rhythm of Oliver and Penelope's life, quiet mornings, garden lunches, and comforting evenings.

### **Morning Calm - Thyme & Honey Tea**

**Inspired by:** Quiet mornings in the cottage

#### **Ingredients**

- 1 tsp fresh thyme (or ½ tsp dried)
- 1 cup hot water
- 1 tsp honey
- Optional: slice of lemon

#### **Instructions**

1. Place thyme in a mug
2. Pour hot water over herbs
3. Let steep 5–7 minutes
4. Stir in honey
5. Add lemon if desired

#### **Brackenridge Reflection**

This tea is perfect for:

- Morning writing
- Quiet reflection
- Slow starts to the day

Just like thyme, let the flavor develop slowly.

## **Cottage Lunch - Warm Herb Bread & Butter**

**Inspired by:** Penelope and Oliver sharing simple lunches

### **Ingredients**

- Rustic bread (sourdough or farmhouse loaf)
- Butter (softened)
- Fresh herbs (thyme, rosemary, or parsley)
- Sea salt (optional)

### **Instructions**

1. Warm bread slightly
2. Mix butter with chopped herbs
3. Spread generously
4. Sprinkle with sea salt

**Serve With:** herbal tea, simple soup or garden greens

**Brackenridge Reflection:** Simple food shared slowly often becomes the most meaningful meal.

## **Garden Bowl - Fresh Herb Cottage Salad**

**Inspired by:** Working in the garden together

### **Ingredients**

- Mixed greens
- Fresh herbs (thyme, parsley, basil)
- Cherry tomatoes
- Olive oil
- Lemon juice
- Salt & pepper

### **Instructions**

1. Toss greens and herbs
2. Add tomatoes
3. Drizzle olive oil and lemon
4. Season lightly

### **Brackenridge Reflection**

Garden meals remind us: The simplest ingredients often create the best moments.

## **Evening Comfort - Lavender Honey Milk**

**Inspired by:** Quiet evenings after long walks

### **Ingredients**

- 1 cup milk (or plant milk)
- ½ tsp culinary lavender
- 1 tsp honey
- Optional: vanilla extract

### **Instructions**

1. Warm milk gently (do not boil)
2. Add lavender and steep 5 minutes
3. Strain
4. Stir in honey and vanilla

### **Brackenridge Reflection**

This drink is perfect for:

- Evening reflection
- Reading by lamplight
- Quiet conversation

## **Seasonal Cozy Drink - Autumn Rosemary Apple Cider**

**Inspired by:** Future autumns in Brackenridge Cove

### **Ingredients**

- 2 cups apple cider
- 1 rosemary sprig
- Cinnamon stick
- Honey (optional)

### **Instructions**

1. Warm cider gently
2. Add rosemary and cinnamon
3. Simmer 5 minutes
4. Serve warm

### **Brackenridge Reflection**

Seasonal drinks remind us: Life changes slowly - and beautifully.

## **A Brackenridge Cove Meal Together**

Try pairing:

Morning

- Thyme Honey Tea

Lunch

- Herb Bread & Garden Salad

Evening

- Lavender Honey Milk

This creates a full **Brackenridge Cove Day**

In Brackenridge Cove, meals are simple.  
Moments are slow.  
And love grows quietly, just like thyme.